



Safety Rules: Extendable Poles

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1

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Purpose

This document outlines the rules for the safe operation of extendable poles.

Scope

This document applies to all authorised housekeeping and cleaning workers, deemed competent by their supervisor.

Training

Supervisors shall arrange for housekeeping / cleaning workers to be trained in the safe and correct use of extendable poles.

Rules

1. PPE to be worn: Safety glasses, eye protection, Sun protection, Raincoat or equivalent in the case of cleaning. Consider possible need for protective headwear based on likely debris which may be dislodged from a height.
2. Use appropriate manual handling techniques – do not bend and twist the back, use the legs. Take regular rest breaks. Do neck exercises.
3. Check for power-lines within the work area prior to commencing and plan task to avoid proximity to power lines.
4. The Operator must ensure there are no persons or public property that may be hit by flying debris. In areas of public access the work area must be cordoned off and members of the public kept clear. In high traffic areas, utilise a second worker to assist with keeping the public clear and watching for debris.